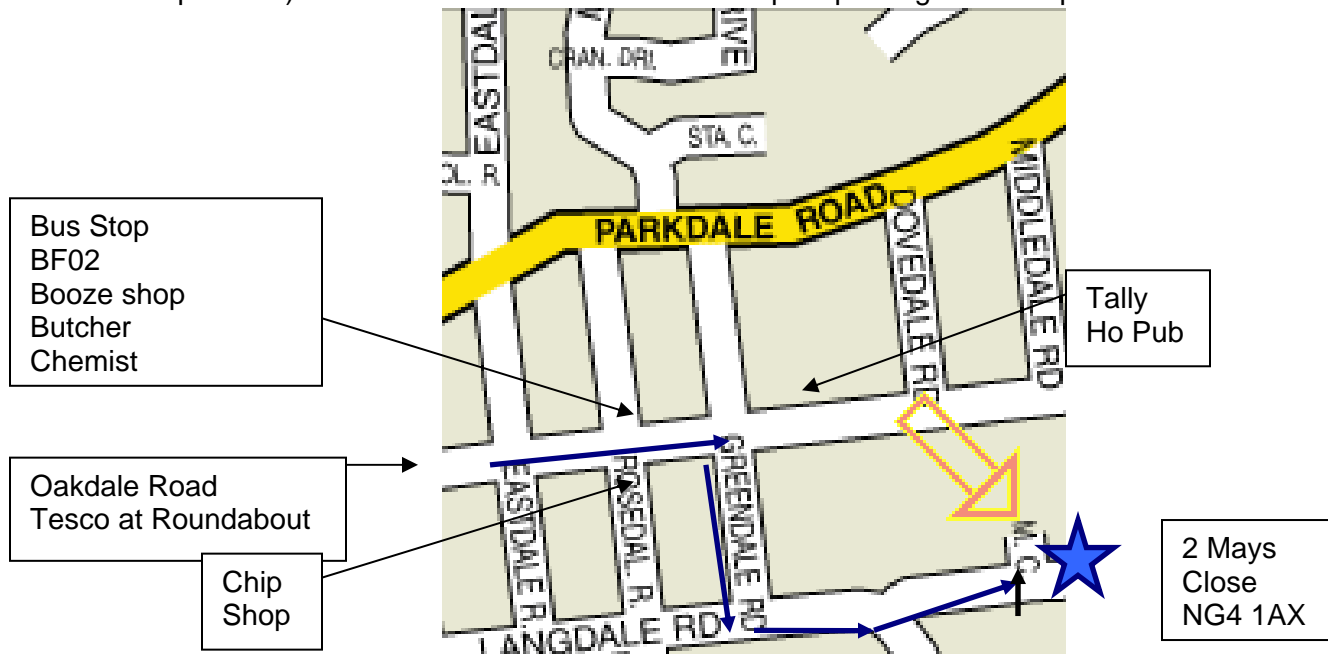


DIRECTIONS FROM OAKDALE ROAD

up Oakdale Road

1. Go up the hill and turn right at the road after the Chip Shop onto **Greendale Road**
2. At T Junction turn left onto **Langdale Road**
3. Take **left (fork)** onto **Mays Avenue**
4. Take next left on to **Mays Close** (it is up a steep hill and can be congested with cars so it may be best to park at the bottom of the hill).
5. No 2 is on the right at the top with the **blue garage** (& blue Pixo). Please park (if possible) at the bottom of the road and walk up as parking can be a problem.



Here is the **Multi – map** link

http://www.multimap.com/map/browse.cgi?client=public&db=pc&addr1=&client=public&addr2=&advanced=&addr3=&pc=NG41AX&quicksearch=NG4+1AX&cidr_client=none

Information for travel by Bus.

Bus no 43 [Red] starts near the top of King Street near Pizza Express.

Get off on Oakdale Road Bus stop No BF02 Eastdale Road (by Booze shop, Butcher, Chemist) then walk up road and turn right onto Greendale road and follow instructions above <http://www.nctx.co.uk/red/>

Buses are very regular during the day, usually every 8 mins in the day and 20 mins at night.

Nancy Kennewell - Reiki Master BA (Hons)

2 Mays Close

Carlton

Nottingham

NG4 1AX

Tel; 0115 841 7811

www.nancykennewell.co.uk